



BLACK WOMEN  
*Lawyers*  
Association of Los Angeles

2024 BWL  
*Annual Retreat*  
JULY 19-21, 2024

OMNI LA COSTA RESORT  
2100 COSTA DEL MAR RD  
— *Carlsbad, CA* —  
92009

**GROUP ROOM RATE: \$269**  
AVAILABLE UNTIL **JUNE 28, 2024**  
ROOM RESERVATION LINK WILL  
BE PROVIDED UPON REGISTRATION.

**REGISTRATION FEE**  
ATTORNEYS: **\$205**  
GUESTS: **\$180**

**REGISTER ONLINE TODAY!**

**[BLACKWOMENLAWYERSLA.ORG/RETREAT](https://BLACKWOMENLAWYERSLA.ORG/RETREAT)**

FOR MORE INFORMATION, PLEASE CONTACT  
**[RETREAT@BLACKWOMENLAWYERSLA.ORG](mailto:RETREAT@BLACKWOMENLAWYERSLA.ORG)**

# 2024 BWL Annual Retreat AGENDA

Friday

July 19, 2024

7:00 p.m.

Friday Evening Welcome Reception

Saturday

July 20, 2024

8:30 a.m.

Strategic Planning Breakfast Meeting

12:00 p.m. - 1:00 p.m.

Empowerment Lunch Presentation



Speaker

Erica Becks

1:30 p.m.

**\*Free Time\***

*Relax at the pool, unwind at the spa, shop,  
explore San Diego, or hit the links*

7:00 p.m.

Group Dinner

10:00 p.m. - Midnight

Fellowship in Hospitality Suite

Sunday

July 21, 2024

7:45 a.m.

Sound Bath Meditation

9:00 a.m. - 10:00 a.m.

Team Building Meeting for  
2024-2025 Board Officers

10:00 a.m.

Fellowship Brunch



# 2024 BWL Annual Retreat RATES & FEES

**GROUP ROOM RATE: \$269**

(+TAXES AND FEES)

**AVAILABLE UNTIL JUNE 28, 2024**

## INCLUDES

- WELCOME BAG (MEMBERS ONLY)
- WEEKEND ACCESS TO HOSPITALITY SUITE WITH SNACKS AND BEVERAGES
- FRIDAY EVENING WELCOME RECEPTION
- ALL SATURDAY MEALS
- SUNDAY SOUND BATH
- SUNDAY BRUNCH
- 10% OFF SPA SERVICES
- TENNIS COURTS
- FITNESS CENTER



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# 2024 BWL *Annual Retreat* ACTIVITIES

## SPA TREATMENTS *at The Spa at La Costa*

VISIT SAN DIEGO'S #1 SPA AND THE NATION'S #1 WELLNESS SPA - A 43,000 SQ FT FULL SPA WITH 42 TREATMENT ROOMS, PRIVATE POOL, AND SPA CAFÉ. INDULGE IN THE ULTIMATE RELAXATION WITH 10% OFF SPA SERVICES.

### OTHER RESORT AMENITIES

9,000 SQ. FT. ATHLETIC CENTER WITH DAILY FITNESS CLASSES

EIGHT SPARKLING POOLS (INCLUDING FAMILY AND ADULTS-ONLY POOLS)

CLIFF DRYSDALE TENNIS FACILITY WITH 17 CLAY AND HARD TENNIS COURTS

CHAMPIONSHIP GOLF FACILITIES

### SHOPPING

CARLSBAD PREMIUM OUTLETS (8 MIN)

### BEACHES

MOONLIGHT STATE BEACH, ENCINITAS (10 MIN)

NORTH PONTO BEACH, CARLSBAD (10 MIN)

### OTHER SAN DIEGO AREA ACTIVITIES

SD ZOO AND SAFARI PARK

BALBOA PARK

SAN DIEGO BOTANIC GARDEN

SEA WORLD

WINE TASTING AND BREWERIES

### HIKING

CHECK OUT TORREY PINES STATE NATURAL RESERVE PARK FOR A TRAIL WITH A VIEW OF THE OCEAN



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